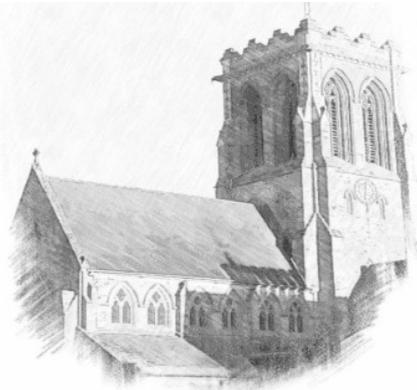


St Michael and All Angels Belmont Abbey



PARISH NEWSLETTER

12th November 2017

32nd Week Ordinary Time

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Today is Remembrance Sunday, the day traditionally put aside to remember all those who have given their lives for the peace and freedom that we enjoy today. On this day people across the nation will pause to reflect on the sacrifices made by our brave Service men and women. We remember especially friends and relatives, former pupils of the School and members of the Parish who lost their lives in Two World Wars and more recent conflicts. Let us also remember today in our prayers members of the armed forces who are currently serving in peacekeeping roles around the world.

Later this month, the parish is hosting the Christian Rise Theatre Company who are touring the country with their new play 'Romero – Heartbeat of El Salvador'. The play will be held in Hedley Lodge on Thursday 23rd November at 7.30 pm. Rise Theatre have been before with other plays which have been well received and very thought provoking. Please support this endeavour and be entertained too! **Tickets available this morning.**

Home visits - apologies - due to road works I am somewhat behind schedule at the moment.

There is a short meeting this afternoon for prospective Confirmation candidates - Parish Centre 4.30 pm.

Today's second collection will be for Hereford Food Bank

Fr Nicholas

Last Sunday's	1 st Collection	£318.29
	Standing Orders	£457.76

The 1st collection goes towards the maintenance of our Abbey church and parish, diocesan levies and other related costs.

	2 nd Collection	£219.11
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The 2nd collection is reserved for specific charitable causes or appeals and our own Outreach projects as detailed in the Newsletter. Last week was for: **Diocesan Clergy Welfare Appeal. Thank You!**



Parish Outreach - During November, the Second Collections, marked as Parish Outreach, will be for local Hereford charities caring for the Homeless and the Hereford Food Bank



QUIZ SUPPER

Friday, 17th November 2017

at Hedley Lodge
6.45 for 7.00 pm

Fish/Vegetarian Options Available
Application slips can be had from
Folder in Foyer

Entry by ticket only - Your support for the Parish would be much appreciated



Be advised - a couple of cars parked on the Ruckhall Lane have been **vandalised** during the Sunday 9.30am Mass over the last couple of weeks. Probably best to park in our car parks.

DATES FOR YOUR DIARY

17 November
Church Cleaning
9:00 am

21 November
Tea & Chat
Parish Hall
2:30 - 4:00 pm

23 November
Rise Theatre
Hedley Lodge 7:30 pm

26 Nov
Pay & Collect Tesco Vouchers

10 December
Christmas Draw

13 December
Retired Persons Lunch



Our next Tea and Chat is on Tuesday November 21st. By common consent we decided to cancel the meeting on December 19th as it is so close to Christmas. We shall resume on January 16th 2018 then every 3rd Tuesday in the month as usual.

Margaret Rose





Hereford Hospital Chaplaincy

If you have a relative or fellow parishioner in hospital and you know they would like to be visited by Fr. Matthew then please contact him with the details of the person concerned on 01432 265177 or fr.matthew@live.co.uk.



A special Mass is being celebrated as part of Aid to the Church in Need's campaign to highlight the injustice of Christian persecution at St. Joseph's Church, Bromyard on Wednesday November 22 at 10.00 am. Refreshments afterwards.



It is with great sadness that we report the death of **David Wood**
Please pray for him and his wife Pat and the family.
May he rest in peace.
The funeral will be on Monday 13 November at 2 pm.



Parish Retired Person's Christmas Lunch -

12.30 pm Wednesday 13th December at Hedley Lodge. Tickets £10.00 – please return completed leaflet to Parish Office.



Each day during November Mass will be offered for the Holy Souls in purgatory especially the names of all our loved ones on our November lists resting on the high altar.



Collections have already started for our **Christmas draw**. Please put your name down if you would like to donate a prize, or part of a prize, towards the wonderful hampers that are put together for this Christmas draw. This fundraising event produces many wonderful hamper type prizes that the parish can win before Christmas.



Hereford Food Bank is always in need of the following: rice, fish, soup, baked beans, tinned cold meat, Smash, UHT milk, baby formula milk, baby shampoo, soap, wipes, shampoo and shower gel. Many thanks.





EMMAUS YOUTH

Emmaus Youth are next meeting at Our Lady's Parish Hall, 2.00-5.00 pm on Saturday 18 November; please note the slightly earlier start time. We are also meeting on Saturday 16 December 2.30-5.30 pm when we will also include our Christmas party. You are invited to share in some Praise and Worship, Liturgy, refreshments and time to socialize. Come and join us for some fun!!

Rob and Jacqui Corrigan, Annie Ridgway and Ben Aldridge 01432 352241 and 07739 566578 jacqui.corrigan@btopenworld.com



150 Club Winners

October: 1st Joan Dykes

2nd Patrick Walesby

3rd Ronnie Niblett

November: 1st Chris Moore

2nd Anne Stapleton

3rd Ronnie Niblett



Hereford & Belmont Abbey Walsingham Group

next meet on Wednesday 29 November at the Abbey at 5:55 pm. Vespers, rosary and Mass (Tridentine) Refreshments to follow, all welcome.



The Angel

It is hoped to produce a **Christmas Angel**.

If you have anything that could go in the Angel, please send it to the admin e-mail or hand in to Father Nicholas. Pictures are also welcome.



Walsingham Pilgrimage 2018 18-21 May

Cost from £212 pp includes all transport and accommodation. More details please contact Menna MacBain on 01568 797077.





Homily

“Stay awake.”

Illustration

Research suggests that every night, over ninety million Americans suffer some sort of sleep deprivation or insomnia. And forty-seven per cent of British people say that stress or worry keeps them awake at night. In the long term, regular poor sleep puts us at risk of serious medical conditions, including obesity, heart disease and diabetes. It shortens life expectancy. But it also has serious adverse effects on our daily life: in our reaction time, our ability to focus, our productivity at work, our mood. Just staying awake during the day can be difficult – with dangerous consequences if we fall asleep while driving or operating machinery.

If we do feel ourselves falling asleep when we shouldn't, there are some tried and trusted methods to prevent it. Stimulating our senses helps – by turning on the lights in a room, chewing gum, listening to music. Keeping physically alert and active can also work: splash water on your face, do some exercise, get some

fresh air, go for a walk. Food and drink can be useful, for example eating high-protein snacks such as nuts, and drinking caffeine or cold water. A final tip is to keep your mind active – start talking to someone, write an email, switch whatever task you are doing. These are all ways of keeping our minds and bodies alert when we feel ourselves falling asleep at inappropriate times.

Gospel Teaching

Stay awake, because you do not know either the day or the hour,” Jesus warns us in today's Gospel – although at first sight, it's not really being asleep that proves to be the problem: all ten bridesmaids grew drowsy and nodded off. However, five of the women were truly “awake”, prepared to do the one thing that was asked of them – to welcome the groom home.

We might feel it somewhat selfish of the five wise bridesmaids not to share their oil, but that really isn't the point of the story. This parable is set within a group of Jesus' teachings about the return of the Son of Man and the final judgement – and of our need to be awake and ready to face that day. The oil is a symbol of the bridesmaids having prepared themselves for his coming. It is a sign of having heard the message of the Gospel and responded by living lives of love and mercy. The

emphasis in Matthew's Gospel is that one responds first and foremost by one's deeds, not one's words: "It is not those who say to me, 'Lord, Lord', who will enter the kingdom of heaven, but the person who does the will of my Father." We are only genuinely "awake" in faith terms when we put the teachings of Christ into practice in our lives. That is not something that someone else can do for us – such "oil" cannot be shared or given to others. We can only do it for ourselves.

Application

I do not know you." Those chilling words of Christ remind us that when we come to meet the Lord, we hope for that meeting to be a reunion of friends who know each other well – not meeting him for the first time. Being prepared is not simply about having our eyes fixed on the distant horizon of the day of our death and final judgement. Rather, being prepared is a state of mind, or a way of living in the here and now. As Christians we believe that we encounter the bridegroom in our daily lives. Every day is filled with grace-filled moments when we can light our lamps and let the light of our faith shine out. What proves whether we belong to the wise or to the foolish is whether we are able to recognise and welcome the Christ who comes to us

each day in the shape of those who hunger for food and thirst for love, those who are naked and vulnerable, sick and imprisoned, the stranger and the refugee.

There are lots of ways of trying to stay awake during the day – going for a walk, listening to music, drinking coffee. For the Christian, the only way of being truly awake is by welcoming Christ in the ordinary circumstances of our daily lives by serving those who are in need. We are not asked to do extraordinary things, just for a daily faithfulness. To paraphrase St Teresa of Calcutta: it's not about doing great things, but about doing ordinary things with great love. That is how we stay awake.



Ministers, etc. for next Sunday 19 November - 33 Sunday in Ordinary Time Year A - Cycle 1

	08:30	9:30	11:00
Celebrant	Fr Nicholas		Fr Nicholas
Welcomers	Hayes Family	Nickerson Family	Maureen Stacey
Sacristan			Chris Moore
1 st Reading	Fran Grant	Lucy Zammit	Pat Wood
2 nd Reading	Adrian Eyre		Pat Draper
Bidding Prayers	Richard Batho		Gabrielle Stanley
Offertory	Parish children	Frances Riddle & Teresa Harriss	
Extraordinary Ministers	Jacqui R-Smith & Fran Smallwood		Margaret Evans and Chris Moore

Next Sunday - Parish Outreach - Hereford Homeless

Low Mass in the Extraordinary Rite (Tridentine Mass) is celebrated here at Belmont Abbey on Wednesday evenings at 7 pm and Sunday afternoons at 4 pm.	CHILDREN'S LITURGY	
	12-Nov	Jacqui Corrigan & Jan Wyman
	19-Nov	A Morawiecki & Pauline Gill
	26-Nov	Jackie King & Mary Wood
	03-Dec	Jacqui Moore & Rachel Cowdery
	10-Dec	Pat Wood & Rob Blackburn

Please pray for all who have died: **May they rest in peace.** (W/C 12 Nov)

Deaths: David Wood, Rachel George and R D Anthony osb

Anniversaries: Perpetua Ball, Sr Gabriel Barron, Megan Cox, Dom Augustine Kervin OSB, Hilda Kathleen McGurk, Mary Alice Barlow, Frederick Mertz, Fr. Matthew Henson OSB, Richard Hayes, Peggy Keeler, Anthony Rigby, Roland Reynolds, Abbot Basil Whelan OSB, Florence Buckeridge, Thomas Passmore, Francis Snell and Carole Elizabeth Upham.

The Sick: Please pray for: Julia Davey, Gil Savory, Jennifer Hackman, Liz Norman, Sam Evans, Denise Ellis, Michael Kennedy, Chris & Sue Rogers, Peter Draper, Dominique Wetz, Sally Hayward, Lillian Allsop, Kenny Hanna, Shirley Brymer, Edward Medicott, Elaine White, Joanne Savory, Dame Catherine, Vincent Hanna and Sadie Bowyer.

Belmont Abbey Parish is part of Belmont Abbey Mission Trust (Registered Charity - 226277)

Liturgy for Sunday 12 November 2017 *Cycle A; Weekdays: Cycle 1 (Wk 32)*

<p>32nd Week In Ordinary Time</p>	<p>Entrance: Let my prayer come into your presence. Incline your ear to my cry for help, O Lord.</p> <p>Acclamation: When we eat this Bread</p> <p>Communion: The Lord is my shepherd; there is nothing I shall want. Fresh and green are the pastures where he gives me repose, near restful waters he leads me.</p>
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Principal Celebrants, Extraordinary Ministers, Readers, etc.

	08:30 am	9:30 am	11:00 am
Celebrant	Fr Nicholas		Fr Nicholas
Welcomer	Kath Parry	Anne Stapleton	Rita Chamberlain & Marnie Archer
Sacristan			Jeremy Hogan
1 st Reading	Jacqui R-Smith	Paul Nickhold	Margaret Rose
2 nd Reading	Ann Jackson		Sally Johns
Bidding Prayer	Mary Hayes		Rob Corrigan
Offertory	Hayes Family	Gillick Family	
Extra-Ordinary Minister(s)	Frances Dees & Seamus Hayes		Tony Archer & Andre Pavia
Mass Intention	<i>Richard Hayes RIP</i>	<i>Holy Souls</i>	<i>David Wood RIP</i>
Second Collection - Parish Outreach - Hereford Food Bank			
Food Bank Collection: Ray & Margaret Rose			

<i>What's On for the week</i>	
Mon	All Saints of the Order of St Benedict: Mass at 8:00 am : Funeral Mass for David Wood at 2:00 pm
Tue	St Dyfrig: Mass at 8:00 am
Wed	Feria: Mass at 8:00 am: NO Midday Mass in the Oratory
Thu	St Gertrude the Great: Mass at 8:00 am
Fri	Feria: Mass at 8:00 am: Exposition at 11 followed by Midday Mass
Sat	BVM: Mass at 8:00 am: Reconciliation at 10:00 am